



Winter 2017

Kids Classes 10 weeks of classes beginning the week of January 30th

Tuesday	4- 5pm	Kids Yoga (ages 4-7)	Pamela
Wednesday	4-5pm	Girls YogaDance	Pamela

Both classes are designed to increase a child's confidence and self -esteem through meditation, asanas, (yoga poses) and relaxation techniques. Classes are high energy and face paced. Kids Yoga welcomes boys and girls while the Girl's YogaDance gives space for the girls to explore their feelings and create a genuine camaraderie and safe place. And we dance and move.

Flexible classes - Join with minimum of 4 of your friends and I can create a specialized class for you. Yoga, Dance, Meditation or a combo of any of these to make it a class perfect for you or your child!

We do Birthday Parties!!!!

~ Reiki ~ Workshops ~ Ladies Night Out ~ Girl Scout Troops~

Classes are held ~Soul Spirit Studios ~ 76 Railroad Street ~ Holliston

Ten Week Tuition per child \$160

Take 10% off tuition for 2nd sibling in the same class.

* All classes subjected to change based on minimum enrollment requirements. Classes are pro-rated based on start date.

Parent(s) Name _____

Phone () _____ Email _____

Address _____

City _____ State _____ Zip Code _____

Child's Name _____ Date of Birth _____ Gender _____

Child's Name _____ Date of Birth _____ Gender _____

Class Choice _____ Day _____ Time _____

Class Choice _____ Day _____ Time _____

Total enclosed - _____

For more information or questions please call Pamela at 508-277-9230 or email at pamela@soulspiritstudio.net

Please make checks payable to Soul Spirit Studio and return registration to:

Pamela PinterParsons
45 Briarcliff Lane
Holliston, MA 01746

If you can walk, you can dance.

If you can talk, you can sing. ~ Zimbabwe